

Directing Change Film Submission Checklist

1. Title Slide

Films should start with a title slide, which **is not** included in the 60-second (or 30-second Animated Short) time limit. Download our title slide [here](#).

2. End Slate

Our end slate with crisis resources goes at the end of the film and **is** included in the 60-second (or 30-second Animated Short) time limit. Download our end slate [here](#).

3. Release Forms

All cast and crew on each film must sign a release form. If under the age of 18, this needs to be signed by a parent or guardian. Electronic release forms are available in [English](#) and [Spanish](#).

4. Avoid copyrighted material and disqualifying content

- All music and stills must be original, copyright free, or used with permission. Learn more [here](#).
- Please review your submission category for guidelines about messaging and disqualifying content. Each submission category is available [here](#).

5. Format and size

Films should be submitted mp4 or .mov files with a size of less than 512 mb. Upload films to the [entry form](#) and submit by March 1st at midnight!

