



2021 Selection of Through the Lens of Culture PSAs (60-seconds)

Bridge the Generations

Alameda County, Irvington High School
Language: Mandarin and Vietnamese with English captions
An intergenerational film about starting the conversation around mental health and building the bridge between generations.

<https://vimeo.com/518250338>



Legacy

Alameda County, Irvington High School
Language: Mandarin with English captions
A boy and his mother find a way to overcome cultural barriers for the sake of his mental health.

<https://vimeo.com/518246352>

Discovering May

Portola High School, Orange County
Language: English with English captions
The story of a trans youth's journey to find her identity while facing mental health struggles in her journey.

<https://vimeo.com/528598636>



They Key to Success

Alameda County, Irvington High School
Language: Hindi with English captions
A film focusing on the mental health in the Indian culture through the perspective of a 14-year-old boy.

<https://vimeo.com/518013821>

Plants

Alameda County, Irvington High School
Language: Mandarin with English captions
Two Chinese students talk about the stigma that they face in their culture, using the plants in the film as a metaphor to the state of their mental health.

<https://vimeo.com/516966951>



Arab Hearts: Mental Health PSA

Los Angeles County, Granada Hills Charter High School

Language: English

An Aran youth encourages others in his culture to reach out for help and lets others know they are not alone.

<https://vimeo.com/518476605>



Stigmas Around the World

Orange County, Woodbridge High School

Language: English with English captions

Youth from different cultures encourage others to chose empowerment over shame and break the stigmas surrounding mental illness.

<https://vimeo.com/518259940>

When I Was Your Age

Orange County, Portola High School

Language: Chinese and Hindi with English captions

This film explores the generational and cultural differences in families perceive mental health.

<https://vimeo.com/517984148>



I faced the same mental health struggles that you did.

Escape

Alameda County, Irvington High School

Language: Mandarin with English captions

A father reaches out to his daughter who is having thoughts of suicide, breaking free from their cultural stigma.

<https://vimeo.com/517631716>

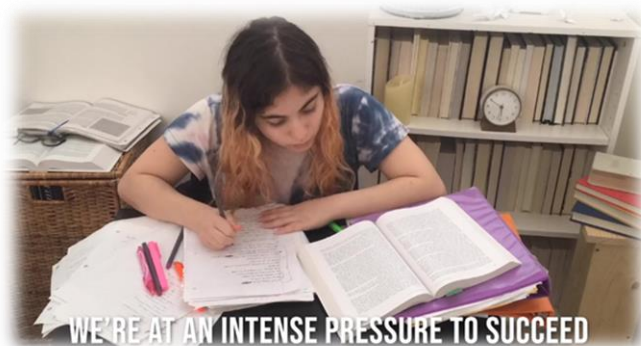
School Comes First

Los Angeles County, Warren High School

Language: English with English captions

A student showcases the stress that occurs with increased schoolwork, pressure, and existing mental health illnesses.

<https://vimeo.com/518535618>



WE'RE AT AN INTENSE PRESSURE TO SUCCEED